2022 Camp Information: Sickle Cell

Thank you for your interest in attending Camp Sunshine. Please note the eligibility guidelines below, which represent modifications for this summer’s in-person Family Camp programming. More information regarding the in-person program model and Camp Sunshine at Home programming can be found on our website. Pages 1–3 of the application are for families to complete. Physician forms are for the camper’s specialty team to complete.

Eligibility Guidelines

- The Camper with a qualifying diagnosis must be 18 years of age or younger. Please contact us if 2020 would have been your child’s last eligible year to attend.
- If both parents are unable to attend, a fully COVID-vaccinated second adult may attend as a support person and should be included on the application. Additional children (other than siblings of the Camper) may not attend.
- In order to maximize flexibility, the program is limited to residents of the following Northeast and Mid-Atlantic states: Maine, Massachusetts, New Hampshire, Vermont, Connecticut, Rhode Island, New York, New Jersey, Maryland, Pennsylvania, Delaware, Virginia, West Virginia, and the District of Columbia. Families may take public transportation to Camp, however all families must be prepared for unexpected and/or last-minute changes to plans related to illness.
- No individual can attend who is moderately or severely immunocompromised due to an underlying condition or its treatment. Moderate and severe immunocompromising conditions and treatments include but are not limited to:
  - Active treatment for solid tumor and hematologic malignancies (other than children with standard-risk acute lymphoblastic leukemia in remission on maintenance therapy)
  - Receipt of solid-organ transplant and taking immunosuppressive therapy
  - Receipt of CAR-T-cell therapy within 2 years
  - Hematopoietic cell transplant (HCT) within 2 years of transplantation, or taking immunosuppression therapy
  - Moderate or severe primary immunodeficiency (e.g., DiGeorge syndrome, Wiskott-Aldrich syndrome)
  - Advanced or untreated HIV infection
  - Active treatment with
    - high-dose corticosteroids (i.e., ≥1 mg/kg prednisone or equivalent per day when administered for ≥2 weeks)
    - transplant-related immunosuppressive drugs (mycophenolate, azathioprine, tacrolimus, cyclosporine, sirolimus)
    - other biologic agents that are immunosuppressive or immunomodulatory (rituximab or other B-cell depleting, or T-cell depleting therapies)
- All participants age 5 and older who are able to be vaccinated for COVID-19 will be required to be optimally protected prior to Camp, with the complete primary series and any boosters available to them. It is recommended that children under age 5 begin the vaccination series prior to Camp. You can learn about available COVID-19 vaccines here: https://www.cdc.gov/coronavirus/2019-ncov/vaccines/stay-up-to-date.html
- In addition to COVID-19 vaccines, current and complete immunization records are required for everyone 25 years of age and younger, reflecting all vaccines as outlined in the checklist that follows. For participants ages 26 and older, only a copy of the COVID vaccination record is necessary. All participants who are able to be vaccinated will be required to be optimally protected prior to Camp.
- Completed applications will be reviewed on a rolling basis until capacity is reached. Families will be accepted on a first-come, first-served basis.
What to Expect this Summer: Family Camp and COVID-19 Precautions

Family Camp is a new type of program designed to safely bring families back to Camp Sunshine this summer. During these sessions, family members will participate in all activities together as a family while maintaining physical distance from other participants at all times. Each family will be assigned a volunteer guide who will help in navigating the program and bring extra “Sunshine” to the experience. As always, meals, lodging, and activities are provided at no cost.

Family Camps are a temporary departure from traditional group programming at Camp Sunshine and are not illness-specific. Our hope is to resume traditional programming for Summer 2023. Instead of interacting with other families and volunteers, Family Camps offer the opportunity to be at Camp in a new way, enjoying activities together as a family. We hope that families who are not yet eligible to return to Camp in person, or who prefer not to participate in the new program, will participate in Camp Sunshine at Home.

Before Camp

- **COVID-19 Testing**: All participants are required to take a rapid antigen test for COVID-19 4 days prior to arrival day. You are encouraged, but not required, to test again prior to driving to Camp.
- **Notify us**: If you have symptoms of COVID-19 or have had exposure to someone with confirmed or suspected COVID-19, please call Camp to cancel.
- **Vaccinations**: Ensure that you and your family members stay up to date with COVID-19 vaccination guidance including any boosters available to you and send updates to Camp prior to your arrival. You can learn about available COVID-19 vaccines here: [https://www.cdc.gov/coronavirus/2019-ncov/vaccines/stay-up-to-date.html](https://www.cdc.gov/coronavirus/2019-ncov/vaccines/stay-up-to-date.html)
- **Minimize your exposure risk**: In addition to frequent hand washing and mask wearing, we ask that you and your family limit your risk of exposure to COVID-19 during the 14 days leading up to your Camp session. This includes avoiding mass gatherings.

On Arrival

- **Arrival screening**: Staff will review a symptom, exposure, and travel screening with each participant upon arrival.
- **Rapid testing**: A rapid antigen test for COVID-19 will be administered upon arrival for each participant.

During Camp

- **Daily screenings**: Each participant will complete a symptom screen daily at Camp.
- **Lodging**: As before, your family will stay in a private family suite. Each family suite includes a bathroom, mini-fridge, microwave, heat/AC, and can comfortably sleep six.
- **Masks**: Indoor masking will be required for participants ages 2 and older.
- **Physical distancing**: Families will participate in all activities together as a family, keeping physical distance from other participants. You will have a designated table (indoors and outdoors) for mealtimes and other activities.
- **Volunteers**: Volunteers will also follow COVID precautions, including required vaccinations, masking, and physical distancing. Parents and guardians will be responsible for caring for their children at all times.
- **Medical Care**: A medical professional will be available on-site at all times. Parents/guardians are responsible for administering any medication or other routine care to their children.

Before Leaving Camp

- **Rapid testing**: A rapid antigen test for COVID-19 will be administered upon departure for each participant. Participants will be notified if a positive test is obtained from any participant from their session.
2022 Application Checklist

Please use the following checklist to ensure that your family’s application is complete.

- **Family Forms**
  - Pages 1-3 of the application, to be completed by the parent/legal guardian

- **Physician Forms**
  - Pages 4-6 of this application, to be completed by the patient’s specialist.

- **Immunization Records**
  - Copies of COVID-19 vaccination records are required for all participants who are eligible to be vaccinated. All participants who are able to be vaccinated for COVID-19 will be required to be optimally protected with the initial series and any available boosters prior to Camp. You can learn about available COVID-19 vaccines here: [https://www.cdc.gov/coronavirus/2019-ncov/vaccines/stay-up-to-date.html](https://www.cdc.gov/coronavirus/2019-ncov/vaccines/stay-up-to-date.html).
  - In addition to COVID-19 vaccines, current and complete immunization records are required for everyone 25 years of age and younger, reflecting all additional vaccines as outlined below.
  - At a minimum, campers aged 5 years and older should meet the same immunization requirements as those for school-aged children set forth in the State of Maine School Immunization Law (20-A MRSA §§6352-6358):
    - 5 DTaP (4 DTaP if the 4th is given on or after the 4th birthday)
    - 4 Polio (if the 4th dose is given before the 4th birthday, an additional age-appropriate inactivated polio immunization should be given on or after the 4th birthday)
    - 2 MMR (measles, mumps, rubella)
    - 2 Varicella (chickenpox) or reliable history of disease
    - Camp Sunshine also requires that children aged 11 and older receive the meningococcal vaccine and TDaP booster prior to attendance.

- **Health History Forms**
  - A separate Health History form is required for each person (including adults) planning to attend Camp, with the exception of the patient. The Health History forms do not require a physician signature.

- **Next Steps**
  - Applications will be reviewed on a first come, first served basis, once completed. Your application is complete only after all required documents are received.
  - You will be contacted to confirm receipt of your application and what, if any, additional components are required in order to complete it. Please monitor your email and voicemail for correspondence from Camp.
  - Acceptances and other updates will be provided as soon as possible.
A retreat for children with life-threatening illnesses and their families

2022 Family Camp Application
Please print clearly using black or blue ink.

CAMPER INFORMATION*
Camper’s Last Name __________________________ Camper’s First Name ______________________
Name as you would like it to appear on their nametag ______________________________________
Gender _________________________________ Camper’s Date of Birth _____/_____/_____
Camper’s Diagnosis ____________________________ Date of Diagnosis _____/_____/_____
Date of Completion of Treatment (if applicable) ___________________
Address __________________________ Apt _____ City ___________ State ____ Zip _______
Home telephone____________________ Home telephone____________________
E-mail ________________________________

Treatment Center __________________________________________________________
Address __________________________ City ___________ State ____ Zip _______
Physician (Specialist) ___________________________________________ Telephone _______________________ 
Social Worker ___________________________________________ Telephone ______________________ 
Child Life Specialist ______________________________________ Telephone _______________________

Health Insurance Company ___________________________ Telephone ________________________
Policy Holder ___________________________ Policy No. _______________ Group No. ____________

Prior In-Person Attendance – This will be our (please circle one) 1st time 2nd time 3rd time 4th time ____ th time at Camp.

How did you hear about Camp Sunshine? Name:______________________________________________

In-Person Family Camp Session Dates
Please indicate your 3 preferred session dates by number in the boxes provided (ranked 1-3) below.

☐ 1: Jul 19– 22 ☐ 4: Aug 23 – 26
☐ 2: Aug 9 – 12 ☐ 5: Sep 2 - 5
☐ 3: Aug 16 – 19

All programs are “Mixed Diagnosis” Family Camp sessions.

*For the purposes of this application, the child with an eligible diagnosis
FAMILY INFORMATION

Name of parent(s) or guardian(s) camper lives with: ____________________________________________________________

Marital status (please indicate marital status of parents and explain any particular familial circumstances and/or custodial arrangements of which we should be aware):

<table>
<thead>
<tr>
<th>Parent/Legal Guardian</th>
<th>Parent/Legal Guardian 2:</th>
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</thead>
<tbody>
<tr>
<td>Relationship to Camper</td>
<td>Relationship to Camper</td>
</tr>
<tr>
<td>Date of Birth <em><strong><strong><strong>/_____/</strong></strong></strong></em></td>
<td>Date of Birth <em><strong><strong><strong>/_____/</strong></strong></strong></em></td>
</tr>
<tr>
<td>Address ___________________________________________</td>
<td>Address ___________________________________________</td>
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<tr>
<td>City, State, Zip __________________________________</td>
<td>City, State, Zip __________________________________</td>
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<tr>
<td>Home Phone ________________________________________</td>
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<td>E-mail ____________________________________________</td>
<td>E-mail ____________________________________________</td>
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<tr>
<td>Employer __________________________________________</td>
<td>Employer __________________________________________</td>
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</tbody>
</table>

Have you been in the Armed Forces? ☐ Yes ☐ No
Have you been in the Reserves? ☐ Yes ☐ No

Emergency Contact (someone who will not be attending Camp with you)

Name ___________________________ Relationship ___________________________ Telephone ___________________________

WHO WILL BE ATTENDING CAMP WITH THE CAMPER?

One immunized adult support person may be permitted to accompany a single parent/guardian or a parent/guardian whose partner cannot attend. Be sure to include a copy of the support person’s COVID vaccine card with your application.

<table>
<thead>
<tr>
<th>Parents'/Legal Guardians’/ Support Person’s Names</th>
<th>Relationship to camper</th>
<th>Medical or Emotional diagnosis/ concern?</th>
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<tbody>
<tr>
<td>1. ____________________________________________</td>
<td>______________________</td>
<td>☐ No ☐ Yes</td>
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<td>2. ____________________________________________</td>
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<tr>
<th>Sibling’s Name(s)</th>
<th>Relationship/ Age at time of Camp</th>
<th>Medical or Emotional diagnosis/ concern?</th>
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<tr>
<td>1. __________________</td>
<td>_______<em><strong><strong>/</strong></strong></em> yr</td>
<td>☐ No ☐ Yes</td>
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<td>2. __________________</td>
<td>_______<em><strong><strong>/</strong></strong></em> yr</td>
<td>☐ No ☐ Yes</td>
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<td>3. __________________</td>
<td>_______<em><strong><strong>/</strong></strong></em> yr</td>
<td>☐ No ☐ Yes</td>
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<td>4. __________________</td>
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<tr>
<td>5. __________________</td>
<td>_______<em><strong><strong>/</strong></strong></em> yr</td>
<td>☐ No ☐ Yes</td>
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<td>6. __________________</td>
<td>_______<em><strong><strong>/</strong></strong></em> yr</td>
<td>☐ Yes ☐ No</td>
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*PLEASE NOTE: ALL CHILDREN UNDER THE AGE OF 18 MUST BE ACCOMPANIED BY A PARENT AND/OR LEGAL GUARDIAN WHEN ATTENDING CAMP. IF A LEGAL GUARDIAN WILL BE ACCOMPANYING A CHILD TO CAMP, ORIGINAL NOTARIZED COURT DOCUMENTATION CONFIRMING THE GUARDIANSHIP MUST BE INCLUDED WITH THIS APPLICATION. IF MARITAL STATUS IS SEPARATED OR DIVORCED, PARENTS/LEGAL GUARDIANS MAY BE REQUIRED TO PROVIDE ADDITIONAL INFORMATION.

CAMPER’S GENERAL MEDICAL HISTORY

THE MORE INFORMATION WE HAVE, THE BETTER UNDERSTANDING WE WILL HAVE OF THE CAMPER’S NEEDS.

Primary language: ___________________________ Secondary Language: ___________________________

Additional medical problems (allergies, asthma, diabetes, etc.): ___________________________

Drug allergies: ___________________________

Dietary restrictions or food allergies: ___________________________

Physical limitations: ___________________________

Mobility (e.g., wheelchair, crutches, amputation): ___________________________

Special medical needs/care requirements (vision/hearing loss): ___________________________

Does the camper have seizures? ☐ Yes ☐ No If so, how frequently do they occur? ___________________________

Please describe the type of seizure: ___________________________

What treatment is necessary for the seizures? ___________________________ When was the last seizure? ___________________________

Is the camper incontinent? ☐ Yes ☐ No If yes: ☐ Bladder ☐ Bowel Is catheterization needed? ☐ Yes ☐ No

Please describe any support your child receives at school or elsewhere for developmental, behavioral, social-emotional, or functional living needs: ___________________________

(07/1/2022) 2
Permission to use photographs, video tape and/or audio tape of you and/or your family

On behalf of myself and my family, I do hereby give Camp Sunshine, without consideration or compensation, permission to use photographs, videotape, and/or audiotape that may be taken or recorded while my child and family are attending Camp for promotional, educational, or fundraising activities. It is my understanding that these likenesses may be used to promote public and professional understanding and support of the program. I waive any right that I may have to inspect or approve the finished product or the use to which it may be applied.

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<tr>
<th>Parent/Guardian/Other Adult</th>
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Permission to use photographs and/or videotape of you and/or your family for postings on Social Media

On behalf of myself and my family, I do hereby give Camp Sunshine, without consideration or compensation, permission to use photographs and/or videotape that may be taken or recorded while my child and family are attending Camp for postings on social media, including but not limited to postings on Camp Sunshine at Sebago Lake’s official Facebook page. I waive any right that I may have to inspect or approve the finished product or the use to which it may be applied.

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**AUTHORIZATION FOR CAMP SUNSHINE TO PROVIDE MEDICAL TREATMENT**

I hereby give my consent for Camp Sunshine’s medical personnel to provide any and all reasonable and necessary medical treatment for my children.

(Please include all of the children in your family who will be attending Camp Sunshine.)

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<tr>
<th>All Children’s Names</th>
<th>Date of Birth</th>
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This authorization shall remain in effect while we are attending Camp Sunshine at Sebago Lake in Casco, Maine.

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I understand and agree that information disclosed regarding any of the individuals named in this application and related documents may be disclosed or otherwise released to appropriate organizations or individuals (including, but not limited to: members of the Camp Sunshine staff, area hospitals, health care professionals and physicians) in connection with attendance at Camp Sunshine at Sebago Lake, Inc. I hereby confirm that the above information is true and accurate and that once accepted, I agree to update this information as may be requested.

I understand that Camp Sunshine reserves the right to accept or decline any application for any reason.

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(07/1/2022) 3
2022 Physician Guidelines for Camp Sunshine: Sickle Cell Disease

The medical guidelines for patients who wish to attend Camp Sunshine this year are as follows:

1. Children are considered medically acceptable to participate in the 2022 program if they are not considered to be moderately or severely immunocompromised, and can be expected to be in good general health at the time of the Camp session.

   For these purposes, moderate and severe immunocompromising conditions and treatments include but are not limited to:
   - Hematopoietic cell transplant (HCT) within 2 years of transplantation, or taking immunosuppressive therapy
   - Receipt of solid-organ transplant and taking immunosuppressive therapy
   - Active treatment with
     - high-dose corticosteroids (i.e., ≥1 mg/kg prednisone or equivalent per day when administered for ≥2 weeks)
     - transplant-related immunosuppressive drugs (mycophenolate, azathioprine, tacrolimus, cyclosporine, sirolimus)
     - other biologic agents that are immunosuppressive or immunomodulatory (rituximab, other B-cell or T-cell depleting therapies)
   - Active treatment for solid tumor and hematologic malignancies (other than children with standard-risk acute lymphoblastic leukemia in remission on maintenance therapy)
   - Receipt of CAR T-cell therapy within 2 years
   - Moderate or severe primary immunodeficiency (e.g., DiGeorge syndrome, Wiskott-Aldrich syndrome)
   - Advanced or untreated HIV infection

2. The Physical Examination form must be completed by the child’s subspecialty team and returned along with the child’s application.

3. Children should not require any form of special medical care during the Camp session, e.g., transfusions, hemodialysis.

4. Any family with a member who has been exposed to SARS-CoV-2 within 14 days of a Camp session cannot attend.

5. Children or other susceptible family members who have been exposed to varicella (chickenpox) within three weeks of a Camp session cannot attend. In the event that a child or family member has been exposed to herpes zoster (shingles), please contact Camp for further guidance.

If a child does not meet these guidelines, please contact the Camp Sunshine office directly so the situation can be further assessed.

It is the intent of Camp Sunshine to provide respite for your patients and their families with as little medical intervention as possible. Medical professionals will be present at Camp to provide evaluation of acute problems. No treatment will be offered at Camp other than management of routine childhood illnesses and minor injuries. It is not the intent of Camp Sunshine to provide routine medical care for other family members.

Thank you for helping us to provide a unique vacation experience for your patients and their families. It is our expectation that children will be qualified as acceptable for referral by their own treating physicians with the above specifications in mind. Children who do not meet the above guidelines will find it inconvenient to receive needed medical care in this setting and should not be encouraged to attend. Please contact the Family Coordinator with any questions regarding the above or any aspect of medical support available for Camp participants at 207-655-3800 between 8:30am and 4:30pm Monday through Friday.

Please submit a completed application to:
Camp Sunshine
35 Acadia Road
Casco, ME 04015

Phone: (207) 655-3800    Fax: (207) 655-3825
www.campsunshine.org
CAMP SUNSHINE SICKLE CELL PHYSICAL EXAMINATION FORM

The following information should be provided by the Pediatric Hematology team treating the camper. Please return to Camp Sunshine: 35 Acadia Road, Casco, Maine 04015  P: (207) 655-3800 F: (207) 655-3825

THIS APPLICATION CANNOT BE PROCESSED UNTIL ALL THE INFORMATION BELOW IS COMPLETE.

Camper’s Name ____________________________________________ Date of Birth: ____/____/____
Diagnosis: ☐ Hb SS ☐ Hb S-Thal ☐ Hb SC ☐ Other ___________ Date of Diagnosis: ____/____/____
Allergies: __________________________________________________ Date of Examination: ____/____/____

1. Sickle cell disease
   Describe any recent admissions or serious illnesses: _______________________________________________________
   List of surgeries: __________________________________________________________________________________
   Describe any physical disability or physical limitations affecting camp activity: _________________________________
   Has the camper been under the care of a psychiatrist? ☐ Yes ☐ No  Please describe any behavioral, social, emotional, or psychiatric concerns that may affect the child: _______________________________________________________

2. Central Venous Access
   Type of access: ☐ External (Broviac/Hickman) ☐ Internal (Portacath/Infusaport/Mediport) ☐ Not applicable
   Special instructions regarding central line/port: ____________________________________________________________

3. Is the camper permitted to participate in the following activities at Camp:
   Swim in a chlorinated indoor heated pool? ☐ Yes ☐ No
   Swim in lake water? ☐ Yes ☐ No
   Engage in contact sports? ☐ Yes ☐ No
   Climb on our climbing wall? ☐ Yes ☐ No
   Are there any restrictions or suggestions for this child? ___________________________________________________
   Describe any disability or physical limitations affecting other camp activity: _________________________________

4. Transfusions
   Is the camper on a transfusion protocol? ☐ Yes ☐ No  Is the camper likely to require transfusion during camp? ☐ Yes ☐ No
   Has the camper ever had a transfusion reaction? ☐ Yes ☐ No  Transfusion history of note ________________________
   What are guidelines for transfusion? __________________________________________________________________
   What preparation or pre-medication is required? __________________________________________________________

5. Hematopoietic stem cell transplantation
   Has the patient undergone stem cell transplantation? ☐ Not applicable ☐ Bone marrow ☐ Peripheral stem cell ☐ Cord blood
   Donor: ☐ Related ☐ Unrelated  Date of transplant ____ /____ /____
   Have there been any complications related to the transplant? _______________________________________________

6. Varicella (If the following information is not complete, this application cannot be reviewed.)
   Please indicate:
   _____ (1) This camper is IMMUNE to varicella by reason of (check one or more):
       ☐ clinical disease ☐ positive titer ☐ Varivax vaccine  – OR –
   _____ (2) This camper is NOT IMMUNE to varicella and the vaccine has not been administered to him/her.

   IN THE EVENT OF A VARICELLA EXPOSURE AT CAMP, WILL THIS CHILD REQUIRE VARIZIG AND/OR ACYCLOVIR? ☐ Yes ☐ No

   NOTES: ____________________________________________________________________________________________

(04/25/2022) 5
PHYSICAL EXAMINATION

Height: __________ Weight: __________ Pulse: ________ Respirations: ________ BP: _____/_____ 

Please note all abnormal findings. Check “v” indicates normal.

HEENT __________________________ Musculoskeletal/Back __________________________

Neck __________________________ Genitalia __________________________

Lungs __________________________ Neurologic __________________________

Heart __________________________ Skin __________________________

Abdomen __________________________ Prostheses? __________________________

Comments: ______________________________________________________________

LABORATORY INVESTIGATIONS

Date: _______ H/H _____/_____ Retic ________ WBC ________ (ANC ________) Platelets ________

Chemistries: ________________________________________________________________ Urinalysis: __________________________

Will the child require laboratory tests while at camp? If so, please specify which tests and to whom results should be called/forwarded. (Please limit these to essential studies.) ______________________________________________________________

MEDICATIONS*

Please list medications that the camper receives routinely (include pain management). Attach additional pages if necessary.

<table>
<thead>
<tr>
<th>Medication</th>
<th>Dose</th>
<th>Route</th>
<th>Frequency</th>
</tr>
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<tbody>
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</table>

*Each family should bring all medications, catheter dressings, and other supplies necessary for their child while at camp.

IS THERE ANYTHING ELSE WE SHOULD KNOW THAT WOULD BETTER ASSIST US IN PREPARING FOR THIS FAMILY TO ATTEND CAMP? IN PARTICULAR, ARE THERE ANY SOCIAL OR EMOTIONAL CONCERNS PERTAINING TO ANY FAMILY MEMBER? ____________________________________________________________

The camper’s next appointment is due: ____________________________

We regret that applications cannot be reviewed unless the signature of the Hematology attending physician or certified nurse practitioner is provided below. Thank you.

I have examined __________________________ who is physically able to engage in camp activities except for the limitations and restrictions noted above.

Attending physician/nurse practitioner’s signature: __________________________ Date ___/___/____

Type/print name: __________________________

Address: __________________________________________

Telephone: (_____) __________ Fax: (_____) __________

Telephone or pager where a physician who is familiar with child can be contacted at night and on weekends:

(_____) __________________________

PLEASE NOTIFY US OF ANY UPDATES (I.E., MEDICATIONS, LAB RESULTS) ON A LATE CHANGES FORM.
Camper’s Name: ____________________

A retreat for children with life-threatening illnesses and their families

Health History Form

Please complete pages 1 and 2 of this form for each person attending with the exception of the camper. Information must be filled out by a parent/guardian for all minors. Any changes to this form should be provided to Camp Sunshine staff prior to arrival.

Name__________________________  Birth date__________  Age _______  Gender __________________

Parent/guardian (if applicable) ____________________________________________

Name (in full) as you would like it to appear on the nametag ____________________________________________

Address___________________________  City_______________________  State_________  Zip_________

Adults Only: Email Address _____________________________  Adults Only: Phone Number____________________

Insurance Information
Is the participant covered by family medical/hospital insurance? ☐ yes  ☐ no
Carrier or plan name ______________________  Policy No. ______________  Group No. ______________

Medications
Please list all medications taken routinely. Bring enough medication to last the entire camp session. Keep all medication in original packaging/bottle that identifies the prescribing drugs.

Med #1____________________  Dosage____________  Specific times taken each day________________

Reason for taking__________________________________________

Med #2____________________  Dosage____________  Specific times taken each day________________

Reason for taking__________________________________________

Med #3____________________  Dosage____________  Specific times taken each day________________

Reason for taking__________________________________________

General Questions (Explain “yes” answers)
1. Have you had any recent injury, illness, or infectious disease? ☐ yes  ☐ no
2. Do you have a chronic recurring illness/condition? ☐ yes  ☐ no
3. Have you ever been hospitalized? ☐ yes  ☐ no
4. Have you ever had surgery? ☐ yes  ☐ no
5. Have you ever had a head injury? ☐ yes  ☐ no
6. Have you ever been knocked unconscious? ☐ yes  ☐ no
7. Have you ever passed out during exercise? ☐ yes  ☐ no
8. Have you ever been dizzy during exercise? ☐ yes  ☐ no
9. Have you ever had a seizure? ☐ yes  ☐ no
10. Have you ever had chest pain during or after exercise? ☐ yes  ☐ no
11. Have you ever had high blood pressure? ☐ yes  ☐ no
12. Have you ever been diagnosed with a heart murmur? ☐ yes  ☐ no
13. Do you have diabetes? ☐ yes  ☐ no
14. Do you have asthma? ☐ yes  ☐ no
15. Have you ever had an eating disorder? ☐ yes  ☐ no
16. Have you ever had emotional difficulties for which professional help was sought? ☐ yes  ☐ no

Please explain “Yes” answers, noting the number of the questions
__________________________________________________________

____________________________________________________________________________________

____________________________________________________________________________________

_________________________________________________________________________________________________
Name _________________________

**Allergies**

Describe reaction and management of the reaction

**Medication allergies (list)**

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

**Food allergies (list)**

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

**Other allergies (list)**

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

**Dietary Restrictions**

☐ Does not eat pork  ☐ Does not eat eggs  ☐ Does not eat dairy

☐ Other (describe) ________________________________________________________

Explain any restriction to activities (e.g. what cannot be done, what adaptation or limitations are necessary)

________________________________________________________________________

________________________________________________________________________

Use this space to provide any additional information about participant’s behavior and physical, emotional, or mental health about which camp should be aware

________________________________________________________________________

________________________________________________________________________

To the best of your knowledge, which of the following has the participant had?

☐ Chickenpox  ☐ Measles  ☐ German Measles  ☐ Mumps  ☐ Hepatitis A  ☐ Hepatitis B

☐ Hepatitis C  ☐ TB Mantoux Test Result (if applicable): ☐ Positive ☐ Negative

Name of family physician ______________________ Phone ______________________

*(YOU DO NOT NEED A PHYSICIAN’S SIGNATURE)*

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**Parent/Guardian/Adult Authorizations:** This health history is correct and complete as far as I know. The person herein described has permission to engage in all camp activities as noted.

Signature of custodial parent/guardian or adult camper ______________________ Date ____________

Printed Name __________________________________________________________

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If this health history form is for yourself as an adult family member or support person, please complete the section below:

I hereby give permission to Camp Sunshine’s medical personnel to provide emergency treatment and basic first aid for the person herein described. I further understand and consent that I am responsible for all medical expenses.

Signature of adult camper ______________________ Date ____________

Printed Name __________________________________________________________

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