2020 Nephrology Camp Information

Thank you for your interest in attending Camp Sunshine. We are pleased to offer Nephrology and Mixed Diagnosis sessions for families whose children have been diagnosed with renal disease. Pages 1–3 of the application are for families to complete. Pages 4–6 are for your nephrology team to complete.

Eligibility Guidelines

- The child with renal disease must be 18 years of age or younger.
- If both parents are unable to attend, a second adult may attend as a support person and should be included on the application.
- Immunization records are required for everyone under 26 years of age.
- Completed applications will be reviewed on a first-come, first-served basis, and should be received at least one month prior to the session start date. (If seeking to apply within one month of the program, please call Camp Sunshine to inquire about availability.)
- Families may attend one session per program year.

Things to Know About Camp

- Meals, lodging, and activities are all provided at no cost to families thanks to the generosity of our donors.
- A pediatric physician is present on-site during all Camp Sunshine sessions.
- Family suites can comfortably sleep 6 and include a private bathroom, heat/AC, a mini-fridge, and microwave oven.
- Transportation assistance may be available for families who would otherwise be unable to attend Camp. Funding is prioritized for families attending for the first time. Please check the box on the first page of the application to request assistance. If funding is requested, you will receive further information at the time of acceptance.
- You will be contacted when your application is processed. Acceptances and other updates will be provided as soon as possible.

Applications may be mailed or faxed to:

Camp Sunshine
35 Acadia Road
Casco, ME 04015
Phone: (207) 655-3800
Fax: (207) 655-3825
www.campsunshine.org
2020 Nephrology Application Checklist

Please use the following checklist to ensure that your family’s application is complete.

☐ Family Forms
  - Pages 1-3 of the application, to be completed by the parent/legal guardian

☐ Physician Forms
  - Pages 4-6 of the application, to be completed by your child’s specialist

☐ Immunization Records
  - A complete and up-to-date immunization record must be included for each person under 26 years of age who is applying to attend Camp.
  - For the optimal health and safety of all campers, staff, and volunteers, Camp Sunshine requires that all campers who can receive immunizations meet the age-appropriate immunization schedule as set forth by the Advisory Committee on Immunization Practices (ACIP) of the Centers for Disease Control and Prevention.
  - At a minimum, campers aged 5 years and older should meet the same immunization requirements as those for school-aged children set forth in the State of Maine School Immunization Law (20-A MRSA §§6352-6358):
    - 5 DTaP (4 DTaP if the 4th is given on or after the 4th birthday)
    - 4 Polio (if the 4th dose is given before the 4th birthday, an additional age-appropriate inactivated polio immunization should be given on or after the 4th birthday)
    - 2 MMR (measles, mumps, rubella)
    - 1 Varicella (chickenpox) or reliable history of disease
  - Camp Sunshine also requires that children aged 11 and older receive the meningococcal vaccine and TDaP booster prior to attendance.

☐ Health History Forms
  - A separate Health History form is required for each person (including adults) planning to attend Camp, with the exception of the child with renal disease. The Health History forms do not require a physician signature.

☐ Session Selection
  - Please select three session dates per program year, ranked 1-3 in order of preference, on the first page of the application.
  - After your completed application has been reviewed and approved, you will be notified of your session.
  - In placing families, we take into consideration your preferences, timeliness of your application, session capacity, diagnoses, and group composition. We appreciate your understanding and flexibility as we work to meet the needs of the many families who apply.
2020 Nephrology Program
Family Application

Please print clearly using black or blue ink.

CAMPER INFORMATION

Child’s Last Name ________________________________    Child’s First Name ________________________________

Name as you would like it to appear on child’s nametag ________________________________________________

Gender ___________________________________________    Child’s Date of Birth _____/____/_______

Child’s Diagnosis ________________________________    Date of Diagnosis _____/____/_______

Address _____________________________________ Apt ______ City __________ State ______ Zip ______

Home telephone ___________________________ E-mail ______________________________

Treatment Center _________________________________________________________________

Address ___________________________________ City __________ State ______ Zip ______

Physician (Specialist) _______________________________________________________________

Social Worker ________________________________________________________________

Child Life Specialist ______________________________________________________________

Telephone ___________________________

Health Insurance Company _______________________________ Telephone ___________________________

Policy Holder ___________________________________ Policy No. ___________________________ Group No. __________

Prior Attendance – This will be our (please circle one) 1st time    2nd time    3rd time    4th time _____ th time at Camp.

How did you hear about Camp Sunshine? Name ______________________________________________________

2020 Session Dates

Please indicate your preferred session dates (1-3) below.

Family applications will be reviewed and accepted for one session per program year (April 2020 – February 2021)

☐ Aug 16 – 21, 2020    Nephrology/Solid Organ Transplant    ☐ Oct 29 – Nov 1, 2020    Mixed Diagnosis*

☐ Aug 29 – Sept 2, 2020    Mixed Diagnosis*

*Mixed Diagnosis Sessions: Families of children with any diagnosis served by Camp Sunshine are encouraged to apply

☐ Family Forms    ☐ Immunizations    ☐ Physician Forms    ☐ Health History Forms

(11/14/2019)
FAMILY INFORMATION
Name of parent(s) or guardian(s) child lives with: ____________________________

Marital status (please indicate marital status of parents and explain any particular familial circumstances and/or custodial arrangements of
which we should be aware):

Parent/Legal Guardian ____________________________ Relationship to child __________
Address ____________________________ Date of Birth ______/____/_______
City, State, Zip ____________________________ Home Phone ____________________________
Home Phone ____________________________ Cellular phone ____________________________
Cellular phone ____________________________ E-mail ____________________________
Employer ____________________________ Have you been in the Armed Forces? ☐ Yes ☐ No
Have you been in the Reserves? ☐ Yes ☐ No

WHO WILL BE ATTENDING CAMP WITH THE CHILD?
One adult support person may be permitted to accompany a single parent/guardian or a parent/guardian whose partner cannot attend.

Parents’/Legal Guardians’/ Support Person’s Names ____________________________ Relationship to camper __________
1. ____________________________ ____________________________ Relationship to child __________
2. ____________________________ ____________________________ Relationship to child __________

Sibling’s/ Support Person’s Child(ren)’s Names ____________________________ Relationship/ Age at time of Camp __________
1. ____________________________ ____________________________ Medical or Emotional diagnosis/ concern?
2. ____________________________ ____________________________ ☐ No ☐ Yes
3. ____________________________ ____________________________ ☐ No ☐ Yes
4. ____________________________ ____________________________ ☐ No ☐ Yes
5. ____________________________ ____________________________ ☐ No ☐ Yes
6. ____________________________ ____________________________ ☐ Yes ☐ No

*PLEASE NOTE: ALL CHILDREN UNDER THE AGE OF 18 MUST BE ACCOMPANIED BY A PARENT AND/OR LEGAL GUARDIAN WHEN ATTENDING CAMP. 
If a legal guardian will be accompanying a child to camp, original notarized court documentation confirming the guardianship must
be included with this application. If marital status is separated or divorced, parents/legal guardians may be required to provide
additional information.

CHILD’S GENERAL MEDICAL HISTORY
THE MORE INFORMATION WE HAVE, THE BETTER UNDERSTANDING WE WILL HAVE OF YOUR CHILD’S NEEDS.
Primary language: ____________________________ Secondary Language: ____________________________

Additional medical problems (allergies, asthma, diabetes, etc.): ____________________________

Drug allergies: ____________________________

Dietary restrictions or food allergies: ____________________________

Physical limitations: ____________________________

Mobility (e.g., wheelchair, crutches, amputation): ____________________________

Special medical needs/care requirements (vision/hearing loss): ____________________________

Does your child have seizures? ☐ Yes ☐ No If so, how frequently do they occur? ____________________________

Please describe the type of seizure: ____________________________

What treatment is necessary for the seizures? ____________________________ When was the last seizure? ____________________________

Is your child incontinent? ☐ Yes ☐ No If yes: ☐ Bladder ☐ Bowel ☐ Is catheterization needed? ☐ Yes ☐ No

Please describe any support your child receives at school or elsewhere for developmental, behavioral, social-emotional, or
functional living needs: ____________________________
Permission to use photographs, video tape and/or audio tape of you and/or your family

On behalf of myself and my family, I do hereby give Camp Sunshine, without consideration or compensation, permission to use photographs, videotape, and/or audiotape that may be taken or recorded while my child and family are attending Camp for promotional, educational, or fundraising activities. It is my understanding that these likenesses may be used to promote public and professional understanding and support of the program. I waive any right that I may have to inspect or approve the finished product or the use to which it may be applied.

Parent/Guardian/Other Adult _______________________________ Signature __________________________ Date __________
(please print)

Permission to use photographs and/or videotape of you and/or your family for postings on Social Media

On behalf of myself and my family, I do hereby give Camp Sunshine, without consideration or compensation, permission to use photographs and/or videotape that may be taken or recorded while my child and family are attending Camp for postings on social media, including but not limited to postings on Camp Sunshine at Sebago Lake’s official Facebook page. I waive any right that I may have to inspect or approve the finished product or the use to which it may be applied.

Parent/Guardian/Other Adult _______________________________ Signature __________________________ Date __________
(please print)

Parent/Guardian/Other Adult _______________________________ Signature __________________________ Date __________
(please print)

Permission to use family name in connection with fundraising efforts

I give my permission for Camp Sunshine to use my/my family’s name to help raise funds for a Family Sponsorship. I understand that I am to receive no compensation for the use of my/my family’s name for these purposes.

Parent/Guardian/Other Adult _______________________________ Signature __________________________ Date __________
(please print)

Parent/Guardian/Other Adult _______________________________ Signature __________________________ Date __________
(please print)

Authorization for Camp Sunshine to provide medical treatment

I hereby give my consent for Camp Sunshine’s medical personnel to provide any and all reasonable and necessary medical treatment for my children.

(Please include all of the children in your family who will be attending Camp Sunshine.)

<table>
<thead>
<tr>
<th>All Children’s Names</th>
<th>Date of Birth</th>
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This authorization shall remain in effect while we are attending Camp Sunshine at Sebago Lake in Casco, Maine.

Parent/Guardian/Other Adult _______________________________ Signature __________________________ Date __________
(please print)

Parent/Guardian/Other Adult _______________________________ Signature __________________________ Date __________
(please print)

I understand and agree that information disclosed regarding any of the individuals named in this application and related documents may be disclosed or otherwise released to appropriate organizations or individuals (including, but not limited to: members of the Camp Sunshine staff, area hospitals, health care professionals and physicians) in connection with attendance at Camp Sunshine at Sebago Lake, Inc. I hereby confirm that the above information is true and accurate and that once accepted, I agree to update this information as may be requested.

I understand that Camp Sunshine reserves the right to accept or decline any application for any reason.

Parent/Guardian/Other Adult _______________________________ Signature __________________________ Date __________
(please print)

Parent/Guardian/Other Adult _______________________________ Signature __________________________ Date __________
(please print)
Physician Guidelines for Camp Sunshine

The medical guidelines for patients who wish to attend Camp Sunshine are as follows:

1. Children are considered medically acceptable to participate in the program if they can be expected to be in good general health at the time of the camp session. Children should not attend camp if they are entering into an anticipated period of significant myelosuppression. We regret that we cannot accommodate patients with renal disease who are on hemodialysis.

2. Children should undergo laboratory testing, when appropriate, prior to attending Camp. A “Late Changes” form is to be sent to camp 1-3 weeks in advance of the child’s attendance if there has been a change in clinical status or medication regimen.

3. The Physical Examination form must be completed by the child’s subspecialty team and returned along with the child’s application.

4. Children should not require any therapy during Camp other than treatment usually administered by parents, with the exception of methotrexate or colony stimulating factors.

5. Children should not require any form of special medical care during the week of Camp, e.g. transfusions.

6. Arrangements for laboratory investigations at Camp should be made in advance by the referring physician, or by the parents with the camp physician upon arrival.

7. Children or other susceptible family members who have been exposed to varicella (chickenpox) within three weeks of a camp session cannot attend. In the event that a child or family member has been exposed to herpes zoster (shingles), please contact Camp for further guidance.

8. Children or family members who have received oral polio vaccine within six weeks of a camp session cannot attend.

9. Children must be 18 years of age or younger.

If a child does not meet these guidelines, please contact the Camp Sunshine office directly so the situation can be further assessed.

It is the intent of Camp Sunshine to provide respite for your patients and their families with as little medical intervention as possible. A pediatric physician will be present at Camp to provide evaluation of acute problems. No treatment will be offered at Camp other than management of routine childhood illnesses and minor injuries. Transportation will be provided to a nearby medical facility in the event that other treatment is necessary. It is not the intent of Camp Sunshine to provide routine medical care for other family members.

Thank you for helping us to provide a unique respite experience for your patients and their families. It is our expectation that children will be qualified as acceptable for referral by their own treating physicians with the above specifications in mind. Children who do not meet the above guidelines will find it inconvenient to receive needed medical care in this setting and should not be encouraged to attend. Please contact the Family Coordinator with any questions regarding the above or any aspect of medical support available for Camp participants at 207-655-3800 between 8:30am and 4:30pm Monday through Friday.

Please submit a completed application to:
Camp Sunshine
35 Acadia Road
Casco, ME 04015

Phone: (207) 655-3800      Fax: (207) 655-3825
www.campsunshine.org
CAMP SUNSHINE NEPHROLOGY PHYSICAL EXAMINATION FORM

The following information should be provided by the pediatric nephrology team treating the child.

Please return to Camp Sunshine: 35 Acadia Road, Casco, Maine 04015  P: (207) 655-3800  F: (207) 655-3825

THIS APPLICATION CANNOT BE PROCESSED UNTIL ALL THE INFORMATION BELOW IS COMPLETE.

Child’s Name: ____________________________________________ Date of Birth: ____ / ____ / ____
Diagnosis: ______________________________________________ Date of Diagnosis: ____ / ____ / ____
Allergies: ______________________________________________ Date of Examination: ____ / ____ / ____

1 Renal Disease/Transplant History
Has the child had a renal transplant? ☐ Yes ☐ No If so, was it from a living related donor? ☐ Yes ☐ No
Date of transplant: ____ / ____ / ____ Last episode of rejection: ____ / ____ / ____
Describe any surgery in the past year: ___________________________________________________________
Describe any history of EBV, CMV, or PTLD: _____________________________________________________
Describe any ongoing infusion protocols: ___________________________________________________________
Describe any percutaneous catheters: _____________________________________________________________
Is child on CCPD? ☐ Yes ☐ No If the child is on CCPD, please describe the dialysis program: ________________

Has the child been under the care of a psychiatrist? ☐ Yes ☐ No Please describe any behavioral, social, emotional, or psychiatric concerns that may affect the child: _______________________________________________________________ ________________

2 Is the Child Permitted to Participate in the Following Activities at Camp:
Swim in a chlorinated indoor heated pool? ☐ Yes ☐ No
Swim in lake water? ☐ Yes ☐ No
Engage in contact sports? ☐ Yes ☐ No
Are there any restrictions or suggestions for this child? _______________________________________________ ________________
Describe any disability or physical limitation affecting other camp activity: ________________________________

3 Varicella (If the following information is not complete, this application cannot be reviewed.)

Please indicate:

_____ (1) This child is IMMUNE to varicella by reason of (check one or more):
☐ clinical disease (varicella, zoster) ☐ positive titer ☐ Varivax vaccine – OR –

_____ (2) This child is NOT IMMUNE to varicella and the vaccine has not been administered to him/her.

IN THE EVENT OF A VARICELLA EXPOSURE AT CAMP, WILL THIS CHILD REQUIRE VARIZIG AND/OR ACYCLOVIR? ☐ YES ☐ NO

(11/14/2019) 5
PHYSICAL EXAMINATION

Height: __________ Weight: ____________ Pulse: ________ Respirations: ________ BP: _____/_____

Please note all abnormal findings. Check “✓” indicates normal.

HEENT ____________________________________________ Musculoskeletal/Back ________________

Neck ____________________________________________ Genitalia ______________________________________

Lungs ____________________________________________ Neurologic ________________________________

Heart ____________________________________________ Skin _________________________________________

Abdomen ________________________________________ Prostheses? ________________________________

Comments: _________________________________________________________________

LABORATORY INVESTIGATIONS

Date: _______ H/H _____/_____ WBC ________ (ANC ________) Platelets ________

Chemistries: ________________________________ Urinalysis: ________________________________

Will the child require laboratory tests while at camp? If so, please specify which tests and to whom results should be called/forwarded. (Please limit these to essential studies.) ________________________________

MEDICATIONS*

WITH THE EXCEPTION OF WEEKLY METHOTREXATE, CHEMOTHERAPY IS NOT ADMINISTERED AT CAMP.

Please list medications that the child receives routinely (include pain management). Attach additional pages if necessary.

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<tr>
<th>Medication</th>
<th>Dose</th>
<th>Route</th>
<th>Frequency</th>
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*Each family should bring all medications, catheter dressings, and other supplies necessary for their child while at camp.

IS THERE ANYTHING ELSE WE SHOULD KNOW THAT WOULD BETTER ASSIST US IN PREPARING FOR THIS FAMILY TO ATTEND CAMP? IN PARTICULAR, ARE THERE ANY SOCIAL OR EMOTIONAL CONCERNS PERTAINING TO ANY FAMILY MEMBER?

______________________________________________________________

The child’s next appointment is due: ________________________________

PLEASE NOTIFY US OF ANY UPDATES (I.E., MEDICATIONS, LAB RESULTS) ON A LATE CHANGES FORM.

We regret that applications cannot be reviewed unless the signature of the attending pediatric nephrologist or nurse practitioner is provided below. Thank you.

I have examined ___________________________ who is physically able to engage in camp activities except for the limitations and restrictions noted above.

Attending physician’s/nurse practitioner’s signature: __________________________ Date ____________________

Type/print name: __________________________

Address: __________________________

Telephone: (_____) __________________ Fax: (_____) __________________

Telephone or pager where a physician who is familiar with the child can be contacted at night and on weekends: (_____) __________________
Health History Form

Please complete pages 1 and 2 of this form for each person attending other than the camper. Information must be filled out by a parent/guardian for all minors. Any changes to this form should be provided to Camp Sunshine staff prior to arrival.

Name __________________________     Birth date ___________     Age: _______     Gender: ___________________

Parent/guardian (if applicable) __________________________

Name (in full) as you would like it to appear on the nametag ___________________________________________

Address ___________________________     City _______________________     State ________     Zip ________

Insurance Information
Is the participant covered by family medical/hospital insurance?  yes  no
Carrier or plan name _________________________     Policy No. ____________     Group No. ______________

Medications

Please list all medications taken routinely. Bring enough medication to last the entire camp session. Keep all medication in original packaging/bottle that identifies the prescribing drugs.

Med #1_____________________Dosage_____________Specific times taken each day__________________
Reason for taking__________________________________________

Med #2_____________________Dosage_____________Specific times taken each day__________________
Reason for taking__________________________________________

Med #3______________Dosage_____________Specific times taken each day__________________
Reason for taking__________________________________________

General Questions (Explain “yes” answers)

1. Have you had any recent injury, illness, or infectious disease?   yes  no
2. Do you have a chronic recurring illness/condition?   yes  no
3. Have you ever been hospitalized?   yes  no
4. Have you ever had surgery?   yes  no
5. Have you ever had a head injury?   yes  no
6. Have you ever been knocked unconscious?   yes  no
7. Have you ever passed out during exercise?   yes  no
8. Have you ever been dizzy during exercise?   yes  no
9. Have you ever had a seizure?   yes  no
10. Have you ever had chest pain during or after exercise?  yes  no
11. Have you ever had high blood pressure?   yes  no
12. Have you ever been diagnosed with a heart murmur?   yes  no
13. Do you have diabetes?   yes  no
14. Do you have asthma?   yes  no
15. Have you ever had an eating disorder?   yes  no
16. Have you ever had emotional difficulties for which professional help was sought?   yes  no

Please explain “Yes” answers, noting the number of the questions: ______________________________________
______________________________________________________________________________________
______________________________________________________________________________________
______________________________________________________________________________________
______________________________________________________________________________________
Name __________________________

Allergies

Describe reaction and management of the reaction

Medication allergies (list)

_____________________________________________________________________

_____________________________________________________________________

_____________________________________________________________________

_____________________________________________________________________

Food allergies (list)

_____________________________________________________________________

_____________________________________________________________________

_____________________________________________________________________

_____________________________________________________________________

Other allergies (list)

_____________________________________________________________________

_____________________________________________________________________

_____________________________________________________________________

_____________________________________________________________________

Dietary Restrictions

☐ Does not eat pork  ☐ Does not eat eggs  ☐ Does not eat dairy

☐ Other (describe) _____________________________________________

Explain any restriction to activities (e.g. what cannot be done, what adaptation or limitations are necessary)

_____________________________________________________________________

_____________________________________________________________________

_____________________________________________________________________

_____________________________________________________________________

Use this space to provide any additional information about participant’s behavior and physical, emotional, or mental health about which camp should be aware:

_____________________________________________________________________

_____________________________________________________________________

_____________________________________________________________________

_____________________________________________________________________

To the best of your knowledge, which of the following has the participant had?

☐ Chickenpox  ☐ Measles  ☐ German Measles  ☐ Mumps  ☐ Hepatitis A  ☐ Hepatitis B

☐ Hepatitis C  TB Mantoux Test Result: ☐ Positive  ☐ Negative

Name of family physician: _______________________________________ Phone________________

*(YOU DO NOT NEED A PHYSICIAN'S SIGNATURE)*

Parent/Guardian/Adult Authorizations: This health history is correct and complete as far as I know. The person herein described has permission to engage in all camp activities as noted.

Signature of custodial parent/guardian or adult camper __________________________________________ Date _________

Printed Name ______________________ Date ____________

If this health history form is for yourself as an adult family member or support person, please complete the section below:

I hereby give permission to Camp Sunshine’s medical personnel to provide emergency treatment and basic first aid for the person herein described. I further understand and consent that I am responsible for all medical expenses.

Signature of adult camper __________________________________________ Date _________

Printed Name __________________________________________ Date _________