2020 Lupus Camp Information

Thank you for your interest in attending Camp Sunshine. We are pleased to offer Lupus and Mixed Diagnosis sessions for families whose children have been diagnosed with lupus. Pages 1–3 of the application are for families to complete. Pages 4–6 are for your rheumatology or nephrology team to complete.

Eligibility Guidelines

- The child with lupus must be 21 years of age or younger.
- If both parents are unable to attend, a second adult may attend as a support person and should be included on the application.
- **Immunization records** are required for everyone under 26 years of age.
- Completed applications will be reviewed on a first-come, first-served basis, and should be received **at least one month prior to the session start date**. (If seeking to apply within one month of the program, please call Camp Sunshine to inquire about availability.)
- Families may attend one session per program year.

**Things to Know About Camp**

- Meals, lodging, and activities are all provided at no cost to families thanks to the generosity of our donors.
- A pediatric physician is present on-site during all Camp Sunshine sessions.
- Family suites can comfortably sleep 6 and include a private bathroom, heat/AC, a mini-fridge, and microwave oven.
- Transportation assistance may be available for families who would otherwise be unable to attend Camp. Funding is prioritized for families attending for the first time. Please check the box on the first page of the application to indicate your request. If funding is requested, you will receive further information at the time of acceptance.
- You will be contacted once your application has been processed. Acceptances and other updates will be provided as soon as possible.

Applications may be mailed or faxed to:

Camp Sunshine
35 Acadia Road
Casco, ME 04015
Phone: (207) 655-3800
Fax: (207) 655-3825
www.campsunshine.org
2020 Lupus Application Checklist

Please use the following checklist to ensure that your family’s application is complete.

☐ Family Forms
  ▪ Pages 1-3 of the application, to be completed by the parent/legal guardian

☐ Physician Forms
  ▪ Pages 4-6 of the application, to be completed by your child’s specialist

☐ Immunization Records
  ▪ A complete and up-to-date immunization record must be included for each person under 26 years of age who is applying to attend Camp.
  ▪ For the optimal health and safety of all campers, staff, and volunteers, Camp Sunshine requires that all campers who can receive immunizations meet the age-appropriate immunization schedule as set forth by the Advisory Committee on Immunization Practices (ACIP) of the Centers for Disease Control and Prevention.
  ▪ At a minimum, campers aged 5 years and older should meet the same immunization requirements as those for school-aged children set forth in the State of Maine School Immunization Law (20-A MRSA §§6352-6358):
    • 5 DTaP (4 DTaP if the 4th is given on or after the 4th birthday)
    • 4 Polio (if the 4th dose is given before the 4th birthday, an additional age-appropriate inactivated polio immunization should be given on or after the 4th birthday)
    • 2 MMR (measles, mumps, rubella)
    • 1 Varicella (chickenpox) or reliable history of disease
  ▪ Camp Sunshine also requires that children aged 11 and older receive the meningococcal vaccine and TDaP booster prior to attendance.

☐ Health History Forms
  ▪ A separate Health History form is required for each person (including adults) planning to attend Camp, with the exception of the child with lupus. The Health History forms do not require a physician signature.

☐ Session Selection
  ▪ Please select three session dates per program year, ranked 1-3 in order of preference, on the first page of the application.
  ▪ After your completed application has been reviewed and approved, you will be notified of your session.
  ▪ In placing families, we take into consideration your preferences, timeliness of your application, session capacity, diagnoses, and group composition. We appreciate your understanding and flexibility as we work to meet the needs of the many families who apply.
2020 Lupus Program
Family Application

Please print clearly using black or blue ink.

CAMPER INFORMATION

Child's Last Name ____________________________ Child's First Name ____________________________

Name as you would like it to appear on child's nametag ____________________________________________

Gender ________________________________________ Child’s Date of Birth _____/____/_______

Child’s Diagnosis ______________________________ Date of Diagnosis _____/____/_______

Address _____________________________________ Apt __________ City __________ State _____ Zip ________

Home telephone _________________________ E-mail _______________________________________________

Treatment Center _________________________________________________________________

Address _____________________________________ City __________ State _____ Zip ________

Physician (Specialist) _______________________________ Telephone _________________________

Social Worker _________________________________ Telephone _________________________

Child Life Specialist __________________________ Telephone _________________________

Health Insurance Company _____________________ Telephone _________________________

Policy Holder _________________________________ Policy No. __________________ Group No. _________

Prior Attendance – This will be our (please circle one) 1st time 2nd time 3rd time 4th time ____ th time at Camp.

How did you hear about Camp Sunshine? Name: ____________________________________

2020 Session Dates

Please indicate your preferred session dates (1-3) below. Family applications will be reviewed and accepted for one session per program year (April 2020 – February 2021)

Jul 26 – 31, 2020 Lupus Oct 29 – Nov 1, 2020 Mixed Diagnosis*

Aug 29 – Sept 2, 2020 Mixed Diagnosis*

*Mixed Diagnosis Sessions: Families of children with any diagnosis served by Camp Sunshine are encouraged to apply
**FAMILY INFORMATION**

Name of parent(s) or guardian(s) child lives with: __________________________

Marital status (please indicate marital status of parents and explain any particular familial circumstances and/or custodial arrangements of which we should be aware):

<table>
<thead>
<tr>
<th>Parent/Legal Guardian</th>
<th>Relationship to child</th>
<th>Address</th>
<th>City, State, Zip</th>
<th>Home Phone</th>
<th>Cellular phone</th>
<th>E-mail</th>
<th>Employ</th>
<th>Have you been in the Armed Forces?</th>
<th>Have you been in the Reserves?</th>
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<td>□ Yes □ No</td>
<td>□ Yes □ No</td>
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</table>

**Child(ren)'s Names**

<table>
<thead>
<tr>
<th>Sibling's/ Support Person's Name</th>
<th>Relationship to camper</th>
<th>Age at time of camp</th>
<th>Medical or Emotional diagnosis/ concern?</th>
</tr>
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<tbody>
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<td>1.</td>
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**Emergency Contact** (someone who will not be attending Camp with you)

Name: ___________________________________      Relationship: ______________________ Telephone: ____________

**WHO WILL BE ATTENDING CAMP WITH THE CHILD?**

One adult support person may be permitted to accompany a single parent/guardian or a parent/guardian whose partner cannot attend.

<table>
<thead>
<tr>
<th>Parents'/Legal Guardians' Name</th>
<th>Relationship to camper</th>
<th>Medical or Emotional diagnosis/ concern?</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
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<td>□ No □ Yes</td>
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<td>□ No □ Yes</td>
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</tbody>
</table>

**Child(ren)'s Names**

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<tr>
<th>Support Person's Name</th>
<th>Relationship to camper</th>
<th>Age at time of Camp</th>
<th>Medical or Emotional diagnosis/ concern?</th>
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<td>1.</td>
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<td>□ No □ Yes</td>
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<td>2.</td>
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<td>□ No □ Yes</td>
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**ADDITIONAL INFORMATION.**

The more information we have, the better understanding we will have of your child’s needs.

Primary language: __________________________ Secondary Language: __________________________

Additional medical problems (allergies, asthma, diabetes, etc.): __________________________

Drug allergies: __________________________

Dietary restrictions or food allergies: __________________________

Physical limitations: __________________________

Mobility (e.g., wheelchair, crutches, amputation): __________________________

Special medical needs/care requirements (vision/hearing loss): __________________________

Does your child have seizures? □ Yes □ No If so, how frequently do they occur? __________________________

Please describe the type of seizure: __________________________

What treatment is necessary for the seizures? __________________________ When was the last seizure? __________________________

Is your child incontinent? □ Yes □ No If yes: □ Bladder □ Bowel □ Is catheterization needed? □ Yes □ No

Please describe any support your child receives at school or elsewhere for developmental, behavioral, social-emotional, or functional living needs: __________________________

*PLEASE NOTE: ALL CHILDREN UNDER THE AGE OF 18 MUST BE ACCOMPANIED BY A PARENT AND/OR LEGAL GUARDIAN WHEN ATTENDING CAMP.

If a legal guardian will be accompanying a child to camp, original notarized court documentation confirming the guardianship must be included with this application. If marital status is separated or divorced, parents/legal guardians may be required to provide additional information.

**CHILD’S GENERAL MEDICAL HISTORY**

The more information we have, the better understanding we will have of your child’s needs.

Primary language: __________________________ Secondary Language: __________________________

Additional medical problems (allergies, asthma, diabetes, etc.): __________________________

Drug allergies: __________________________

Dietary restrictions or food allergies: __________________________

Physical limitations: __________________________

Mobility (e.g., wheelchair, crutches, amputation): __________________________

Special medical needs/care requirements (vision/hearing loss): __________________________

Does your child have seizures? □ Yes □ No If so, how frequently do they occur? __________________________

Please describe the type of seizure: __________________________

What treatment is necessary for the seizures? __________________________ When was the last seizure? __________________________

Is your child incontinent? □ Yes □ No If yes: □ Bladder □ Bowel □ Is catheterization needed? □ Yes □ No

Please describe any support your child receives at school or elsewhere for developmental, behavioral, social-emotional, or functional living needs: __________________________

(11/14/2019) 2
Permission to use photographs, video tape and/or audio tape of you and/or your family
On behalf of myself and my family, I do hereby give Camp Sunshine, without consideration or compensation, permission to use photographs, videotape, and/or audiotape that may be taken or recorded while my child and family are attending Camp for promotional, educational, or fundraising activities. It is my understanding that these likenesses may be used to promote public and professional understanding and support of the program. I waive any right that I may have to inspect or approve the finished product or the use to which it may be applied.

Parent/Guardian/Other Adult ______________________________ Signature __________________________ Date __________
(please print)

Parent/Guardian/Other Adult ______________________________ Signature __________________________ Date __________
(please print)

Permission to use photographs and/or videotape of you and/or your family for postings on Social Media
On behalf of myself and my family, I do hereby give Camp Sunshine, without consideration or compensation, permission to use photographs and/or videotape that may be taken or recorded while my child and family are attending Camp for postings on social media, including but not limited to postings on Camp Sunshine at Sebago Lake's official Facebook page. I waive any right that I may have to inspect or approve the finished product or the use to which it may be applied.

Parent/Guardian/Other Adult ______________________________ Signature __________________________ Date __________
(please print)

Parent/Guardian/Other Adult ______________________________ Signature __________________________ Date __________
(please print)

Permission to use family name in connection with fundraising efforts
I give my permission for Camp Sunshine to use my/my family’s name to help raise funds for a Family Sponsorship. I understand that I am to receive no compensation for the use of my/my family’s name for these purposes.

Parent/Guardian/Other Adult ______________________________ Signature __________________________ Date __________
(please print)

Parent/Guardian/Other Adult ______________________________ Signature __________________________ Date __________
(please print)

Authorization for Camp Sunshine to Provide Medical Treatment
I hereby give my consent for Camp Sunshine’s medical personnel to provide any and all reasonable and necessary medical treatment for my children.

(Please include all of the children in your family who will be attending Camp Sunshine.)

<table>
<thead>
<tr>
<th>All Children's Names</th>
<th>Date of Birth</th>
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</table>

This authorization shall remain in effect while we are attending Camp Sunshine at Sebago Lake in Casco, Maine.

Parent/Guardian/Other Adult ______________________________ Signature __________________________ Date __________
(please print)

Parent/Guardian/Other Adult ______________________________ Signature __________________________ Date __________
(please print)

I understand and agree that information disclosed regarding any of the individuals named in this application and related documents may be disclosed or otherwise released to appropriate organizations or individuals (including, but not limited to: members of the Camp Sunshine staff, area hospitals, health care professionals and physicians) in connection with attendance at Camp Sunshine at Sebago Lake, Inc. I hereby confirm that the above information is true and accurate and that once accepted, I agree to update this information as may be requested.

I understand that Camp Sunshine reserves the right to accept or decline any application for any reason.

Parent/Guardian/Other Adult ______________________________ Signature __________________________ Date __________
(please print)

Parent/Guardian/Other Adult ______________________________ Signature __________________________ Date __________
(please print)
Physician Guidelines for Camp Sunshine

The medical guidelines for patients who wish to attend Camp Sunshine are as follows:

1. Children are considered medically acceptable to participate in the program if they can be expected to be in good general health at the time of the camp session. Children should not attend camp if they are entering into an anticipated period of significant myelosuppression. We regret that we cannot accommodate patients with renal disease who are on hemodialysis.

2. Children should undergo laboratory testing, when appropriate, prior to attending Camp. A “Late Changes” form is to be sent to camp 1-3 weeks in advance of the child’s attendance if there has been a change in clinical status or medication regimen.

3. The Physical Examination form must be completed by the child’s subspecialty team and returned along with the child’s application.

4. Children should not require any therapy during Camp other than treatment usually administered by parents, with the exception of methotrexate or colony stimulating factors.

5. Children should not require any form of special medical care during the week of Camp, e.g. transfusions.

6. Arrangements for laboratory investigations at Camp should be made in advance by the referring physician, or by the parents with the camp physician upon arrival.

7. Children or other susceptible family members who have been exposed to varicella (chickenpox) within three weeks of a camp session cannot attend. In the event that a child or family member has been exposed to herpes zoster (shingles), please contact Camp for further guidance.

8. Children or family members who have received oral polio vaccine within six weeks of a camp session cannot attend.

If a child does not meet these guidelines, please contact the Camp Sunshine office directly so the situation can be further assessed.

It is the intent of Camp Sunshine to provide respite for your patients and their families with as little medical intervention as possible. A pediatric physician will be present at Camp to provide evaluation of acute problems. No treatment will be offered at Camp other than management of routine childhood illnesses and minor injuries. Transportation will be provided to a nearby medical facility in the event that other treatment is necessary. It is not the intent of Camp Sunshine to provide routine medical care for other family members.

Thank you for helping us to provide a unique respite experience for your patients and their families. It is our expectation that children will be qualified as acceptable for referral by their own treating physicians with the above specifications in mind. Children who do not meet the above guidelines will find it inconvenient to receive needed medical care in this setting and should not be encouraged to attend. Please contact the Family Coordinator with any questions regarding the above or any aspect of medical support available for Camp participants at 207-655-3800 between 8:30am and 4:30pm Monday through Friday.

Please submit a completed application to:
Camp Sunshine
35 Acadia Road
Casco, ME 04015

Phone: (207) 655-3800    Fax: (207) 655-3825
www.campsunshine.org
CAMP SUNSHINE LUPUS PHYSICAL EXAMINATION FORM

The following information should be provided by the child’s pediatric rheumatologist or nephrologist.

Please return to Camp Sunshine: 35 Acadia Road, Casco, Maine 04015  P: (207) 655-3800  F: (207) 655-3825

THIS APPLICATION CANNOT BE PROCESSED UNTIL ALL THE INFORMATION BELOW IS COMPLETE.

Child’s Name: __________________________________________________  Date of Birth: ____/____/____
Diagnosis: ______________________________________________________  Date of Diagnosis: ____/____/____
Allergies: ______________________________________________________  Date of Examination: ____/____/____

1. Lupus
   Organ systems involved:  
   - Skin  
   - Joints  
   - Muscle  
   - Kidney (WHO Class) ______________________________
   - Neurologic  
   - Hematologic  
   - Antiphospholipid syndrome  
   - Other ______________________________

   Describe any recent admissions or serious illnesses: ______________________________

   List of surgeries: ______________________________

   Describe any ongoing infusion protocols: ______________________________

   Has the child been under the care of a psychiatrist?  
   - Yes  
   - No  

   Please describe any behavioral, social, emotional, or psychiatric concerns that may affect the child: ______________________________

2. Central Venous Access
   Type of access:  
   - External (Broviac/Hickman)  
   - Internal (Portacath/Infusaport/Mediport)  
   - Not applicable

   Special instructions regarding central line/port: ______________________________

3. Is the Child Permitted to Participate in the Following Activities at Camp:
   - Swim in a chlorinated indoor heated pool?  
     - Yes  
     - No
   - Swim in lake water?  
     - Yes  
     - No
   - Engage in contact sports?  
     - Yes  
     - No
   - Climb on our climbing wall?  
     - Yes  
     - No
   - Participate in high elements on our ropes course?  
     - Yes  
     - No

   Are there any restrictions or suggestions for this child? ______________________________

   Describe any disability or physical limitations affecting other camp activity: ______________________________

4. Varicella (If the following information is not complete, this application cannot be reviewed.)
   Please indicate:
   _____ (1) This child is IMMUNE to varicella by reason of (check one or more):
   - clinical disease (varicella, zoster)  
   - positive titer  
   - Varivax vaccine  

   OR –
   _____ (2) This child is NOT IMMUNE to varicella and the vaccine has not been administered to him/her.

   IN THE EVENT OF A VARICELLA EXPOSURE AT CAMP, WILL THIS CHILD REQUIRE VARIZIG AND/OR ACYCLOVIR?  
   - Yes  
   - No
PHYSICAL EXAMINATION

Height: __________     Weight: ____________     Pulse: ________     Respirations: ________     BP: _____/_____

Please note all abnormal findings. Check “✓” indicates normal.

HEENT   _____________________________________  Musculoskeletal/Back   ________________________
Neck   _____________________________________  Genitalia   ________________________________
Lungs   _____________________________________  Neurologic   ________________________________
Heart   _____________________________________  Skin   ______________________________________
Abdomen   _____________________________________  Prostheses?   ________________________________

Comments: __________________________________________________________________________________________

LABORATORY INVESTIGATIONS

Date: _______  H/H _____/_____     WBC _____  (ANC _____)     Platelets _____
C3 _____    C4 _____    Anti-dsDNA _____     Chemistries: ____________________________________________________

Urinalysis, Protein/creatinine ratio:   _______________________________________________________________________ 

Will the child require laboratory tests while at camp? If so, please specify which tests and to whom results should be called/forwarded. (Please limit these to essential studies.) _____________________________________________________

MEDICATIONS*

WITH THE EXCEPTION OF WEEKLY METHOTREXATE, CHEMOTHERAPY IS NOT ADMINISTERED AT CAMP.

Please list medications that the child receives routinely (include pain management). Attach additional pages if necessary.

<table>
<thead>
<tr>
<th>Medication</th>
<th>Dose</th>
<th>Route</th>
<th>Frequency</th>
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</table>

*Each family should bring all medications and other supplies necessary for their child while at camp.

IS THERE ANYTHING ELSE WE SHOULD KNOW THAT WOULD BETTER ASSIST US IN PREPARING FOR THIS FAMILY TO ATTEND CAMP? IN PARTICULAR, ARE THERE ANY SOCIAL OR EMOTIONAL CONCERNS PERTAINING TO ANY FAMILY MEMBER? ______________________________________________________________________________________

_______________________________________________________________________________________________________

The child’s next appointment is due: ___________________________________________________________________

PLEASE NOTIFY US OF ANY UPDATES (I.E., MEDICATIONS, LAB RESULTS) ON A LATE CHANGES FORM. ☞

We regret that applications cannot be reviewed unless the signature of the attending pediatric rheumatologist or nephrologist, or certified pediatric nurse practitioner is provided below. Thank you.

I have examined ___________________________ who is physically able to engage in camp activities except for the limitations and restrictions noted above.

Attending physician/nurse practitioner signature: ___________________________    Date  ______________________
Type/print name: ______________________________________________________
Address: ___________________________________________________________________________________
Telephone: (_____) _______________________ Fax: (_____) _____________________________
Telephone or pager where a physician who is familiar with child can be contacted at night and on weekends: (_____) _______________________
Camper’s Name: __________________________

**Health History Form**

Please complete pages 1 and 2 of this form for each person attending other than the camper. Information must be filled out by a parent/guardian for all minors. Any changes to this form should be provided to Camp Sunshine staff prior to arrival.

Name __________________________ Birth date ___________ Age: ______ Gender: _______________________ 

Parent/guardian (if applicable) __________________________

Name (in full) as you would like it to appear on the nametag ______________________________________

Address __________________________ City _______________________ State ________ Zip ________

**Insurance Information**

Is the participant covered by family medical/hospital insurance?  yes  no 

Carrier or plan name _________________________ Policy No. ____________ Group No. ______________

**Medications**

Please list all medications taken routinely. Bring enough medication to last the entire camp session. Keep all medication in original packaging/bottle that identifies the prescribing drugs.

Med #1_____________________ Dosage_____________ Specific times taken each day__________________ Reason for taking__________________________________________

Med #2_____________________ Dosage_____________ Specific times taken each day__________________ Reason for taking__________________________________________

Med #3_____________________ Dosage_____________ Specific times taken each day__________________ Reason for taking__________________________________________

**General Questions** (Explain “yes” answers)

1. Have you had any recent injury, illness, or infectious disease?  yes  no 
2. Do you have a chronic recurring illness/condition?  yes  no 
3. Have you ever been hospitalized?  yes  no 
4. Have you ever had surgery?  yes  no 
5. Have you ever had a head injury?  yes  no 
6. Have you ever been knocked unconscious?  yes  no 
7. Have you ever passed out during exercise?  yes  no 
8. Have you ever been dizzy during exercise?  yes  no 
9. Have you ever had a seizure?  yes  no 
10. Have you ever had chest pain during or after exercise?  yes  no 
11. Have you ever had high blood pressure?  yes  no 
12. Have you ever been diagnosed with a heart murmur?  yes  no 
13. Do you have diabetes?  yes  no 
14. Do you have asthma?  yes  no 
15. Have you ever had an eating disorder?  yes  no 
16. Have you ever had emotional difficulties for which professional help was sought?  yes  no

Please explain “Yes” answers, noting the number of the questions: ____________________________________________________________________________

_____________________________________________________________________________________

_____________________________________________________________________________________

_____________________________________________________________________________________
Name __________________________

**Allergies**

Describe reaction and management of the reaction

**Medication allergies (list)**

____________________________________________________________________
____________________________________________________________________
____________________________________________________________________
____________________________________________________________________

**Food allergies (list)**

____________________________________________________________________
____________________________________________________________________
____________________________________________________________________
____________________________________________________________________

**Other allergies (list)**

____________________________________________________________________
____________________________________________________________________
____________________________________________________________________
____________________________________________________________________

**Dietary Restrictions**

☐ Does not eat pork  ☐ Does not eat eggs  ☐ Does not eat dairy

☐ Other (describe) _____________________________________________

Explain any restriction to activities (e.g. what cannot be done, what adaptation or limitations are necessary)

____________________________________________________________________
____________________________________________________________________
____________________________________________________________________

Use this space to provide any additional information about participant’s behavior and physical, emotional, or mental health about which camp should be aware:

____________________________________________________________________
____________________________________________________________________
____________________________________________________________________

To the best of your knowledge, which of the following has the participant had?

☐ Chickenpox  ☐ Measles  ☐ German Measles  ☐ Mumps  ☐ Hepatitis A  ☐ Hepatitis B

☐ Hepatitis C  ☐ TB Mantoux Test Result: ☐ Positive ☐ Negative

Name of family physician: __________________________ Phone________________

*(YOU DO NOT NEED A PHYSICIAN’S SIGNATURE)*

**Parent/Guardian/Adult Authorizations:** This health history is correct and complete as far as I know. The person herein described has permission to engage in all camp activities as noted.

Signature of custodial parent/guardian or adult camper __________________________ Date ___________

Printed Name __________________________

If this health history form is for yourself as an adult family member or support person, please complete the section below:

I hereby give permission to Camp Sunshine’s medical personnel to provide emergency treatment and basic first aid for the person herein described. I further understand and consent that I am responsible for all medical expenses.

Signature of adult camper __________________________ Date ___________

Printed Name __________________________ Date ___________